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# Public Service Announcement

## September is Prostate Cancer Awareness Month

**Start Date:** **September 4, 2020**
**End Date:** **September 30, 2020**
**Nunavut-wide** **60 sec**

Prostate cancer is the leading type of cancer among Canadian men and is the third most common type of cancer among male Nunavummiut. The Department of Health recommends that men over the age of 50 book an appointment at their community health centre for a prostate screening.

The risk of developing prostate cancer increases if you are over 50, are overweight, have a family history of the disease or eat a high-fat and low-fiber diet.

Common signs and symptoms include:

- Difficulty urinating.
- Increased need to urinate.
- Burning feeling or pain during urination.
- Inability to urinate, or weak or decreased urine flow.
- Blood in the urine or semen.
- Bone pain.

It is important for men who experience any of these signs or symptoms to visit their health centre or speak to your community health representative to book an appointment. If prostate cancer is detected and treated in its earliest stages, the chances of survival are greatly increased. Early detection can save lives.

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